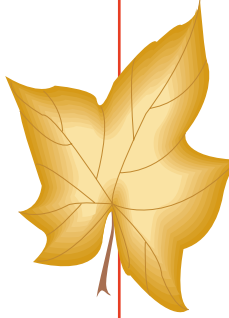





A Thankful Heart is a Happy Heart

(4-7 year olds)



Did you smile or laugh today? Did you sing or dance to a happy song? Did you give someone a high five for doing a good job, or a hug because you love them? These are things we do when we feel thankful to God! God **LOVES** a happy heart that feels thankful. There are many blessings we can thank God for each day. We have fun at school, eat yummy snacks, play with friends, and snuggle with our pets! God has given us family that love us and homes to live in with them. We have hope, and a reason to smile, even on the hard days! God watches over us from Heaven each minute of every day (Thank You, Lord!) Even when things make us sad, we can still think good thoughts that give us hope. This creates thankful hearts! How can you show your thankfulness to someone today? What can you pray to God and thank Him for today?



Prov. 17:22

A merry heart doeth good like a medicine...

Print out the A Thankful Heart is a Happy Heart activity sheet for more fun!