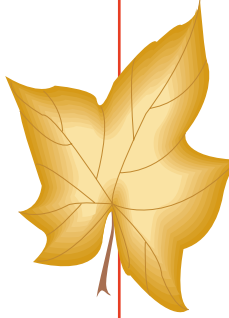




## A Thankful Heart is a Happy Heart

(2-3 year olds)



Did you smile today? Did you sing or dance? Did you give someone a high five or a hug? We do these things when we feel thankful... God **LOVES** a happy heart. There are many blessings we can thank God for today. We have fun at school, eat yummy snacks, play with friends, and snuggle with our pets! We have hope and a reason to smile, even on the hard days. God watches over us from Heaven (Thank You, Lord!) Even when we are sad, we can still think good thoughts and smile. This creates thankful hearts! Who can you say "thank you" to, today? What can you pray to God and thank Him for today?



Prov. 17:22

A merry heart doeth good like a medicine...

Print out the A Thankful Heart is a Happy Heart activity sheet for more fun!